

fu.shi
fusion cuisine

BoMa
terrace

January 2008 Newsletter

Dear Subscribers,

Welcome to our January 2008 Newsletter.

Welcome to 2008!

*Our wishes for you are
good fortune, prosperity and happiness
may "fu" accompany you all your life and "shi" be with you.*



**The character 'fu' means blessing and good fortune
Celebrating New Years at fu.shi were close friends of owners Ara Manuelian
and Noelle Bolton,
Jeanette Loring, Ernst Stöckl and Briony Rosenfeldt
As is to be expected, Jenni Button's colleague Noël gets creative with his
gift; a wine bottle cover**

THE COUNTDOWN TO A BRAND NEW YEAR ...

5 ... five fabulous healthy recipes

A Healthy New Year!

'*Fresh, healthy and delicious*' is a fantastic way to kick off the New Year – Garden & Home magazine managed to convince fu.shi fusion cuisine's Executive Chef Vanie to divulge her recipes for Chicken molee with steamed lemongrass infused jasmine rice, crispy Duck spring rolls with vegetable salad and port reduction, oven baked Line fish with spring onion mash as well as balsamic roasted tomatoes and blackened Salmon medallions with fried mushroom salad. It just goes to show that fu.shi menu items are not only mouth watering, but also full of health and vitality! As the saying goes 'the proof is in the pudding' which happens to be a



fabulous cardamom panna cotta recipe! The cover shows that Plett is still simply the best Summer Living!

4 ... a foursome we simply can't get enough of! **Sensational Simply 4**



Aside from fu.shi fusion cuisine, Noelle and several other patrons celebrated their birthdays on the eve of Friday 21 December by dancing the night away to the vibey sounds of Simply 4! Godfrey,

Michael, Nash and Ricardo also shared the stage with a bevy of exquisite models at the Jenni Button 'Philosophy' fashion show whereafter their impromptu rendition of Amazing Grace together with Richard Loring brought a tear to many an eye. Simply 4 finished off their stint in Plett with a sizzling performance on the BoMa terrace on Saturday night.

Pictured Left: Richard Loring, Nash, Ricardo, Godfrey and Michael of Simply 4

3... three extraordinary artists **Upper Deck Gallery expands**



**Left: The new Upper Deck Gallery extension Centre: Paul Deans in action
Right: (l-r) Susanna, Noelle, Lynette and Sally**

The esteemed and most eloquent Paul Deans opened Upper Deck Gallery's Summer exhibition, introducing internationally acclaimed local artists Lynette ten Krooden, Susanna Swart and Sally Arnold.

Sally Arnold has been based in Europe where she exhibited for over three decades. Sally is renowned for her recent shows of contemporary outdoor installations on the Venice Lido (2002) and in the Citadelle, St Tropez (2006) as well as various other architectural collaborations. The artwork on display at the Upper Deck Gallery is from both her Karoo Basics and her African suite series (2005-2007).

Lynette ten Krooden is an unassuming painter who bares her soul and intellect with a technical finesse. Her contemporary oil on canvas has justifiably earned her the position of an internationally sought after SA artist.

Susanna Swart has recently returned to South Africa having worked in Belgium for two years. Her sculptures encompass her love of the

land and its people. The veld, its metaphysical beings, and the ancient mysteries of Africa are reflected in her work.

The Summer exhibition is on display until February when Upper Deck Gallery will introduce renowned sculptor and bronze artist Maureen Quin's Hunter series. **Join us on Friday 29 Feb 6pm for the opening cocktail of our next exhibition.**

2 ... two international DJ's
Fat Boy Slim feasts at fu.shi

Amongst the host of celebrities spotted at fu.shi, were two international DJ's. Early in December Fat Boy Slim feasted at fu.shi after having had the crowds at VIP, a local nightclub, at his feet whilst hitting the decks.

UK DJ Guy Osbourne from Ministry of Sound was part of the entertainment line-up to see in the New Year!



Sean (VIP), a colleague, Fat Boy Slim (centre) and Cameron (VIP) with fu.shi Exec Chef Vanie

1 ... one magnificent fashion fundraiser
fu.shi and Philosophy for PAWS

fu.shi co-owner Noelle Bolton had the vision of introducing Jenni Button's new Philosophy range with a fashion show luncheon in aid of local charity PAWS; Plett Animal Welfare Services. The culmination was an event where the blend of superb venue, awesome food, beautiful fashion and great entertainment will be talked



about for a long time still to come. In attendance was Jenni Button herself, Gillian van **Pictured: Michelle, Gillian, Ara, Noelle and Jenni**, Houten who played host for the day, ex Miss Universe Michelle McLean who graced the ramp with her elegance whilst ex Miss SA Odette Scooby and classical guitarist extraordinaire

Tessa Ziegler were amongst the guests who managed to score a win in the raffle draw! Campari cocktails and Lindt chocolates were served on arrival. Mumm champagne was poured at each table where every lady also received a beautiful faux suede pouch with Clarins beauty products. Hunters Hotels kindly donated an amazing luxury getaway and breakfast-voucher at their 5-star property Tsala Treetop Lodge (part of Relais & Chateaux). Mumm and Lindt hampers were handed over as prizes to the best dressed lady and lady with the best hat and spirit. Several Jenni Button 'Philosophy' clothing vouchers were raffled as were entrance tickets to theatre production Hairspray were sponsored by Richard and Jeanette Loring. Di Butlin (Chairlady from PAWS) thanked the fu.shi team for their hard work on this great initiative which raised in excess of R20 000 in aid of an animal shelter for PAWS. "Amazing!" "It was awesome!" "A stunning day!" "Please let's do it again next year!" were some of the comments from the 150 guests in attendance.



From left to right: The new Philosophy range. Di Butlin (PAWS), Gillian, Carole Schonfeldt (best hat), Jill Ward (best dressed), Jenni Button, Noelle Bolton, Bryony Rosenfeldt (best dressed) and Di Valentine (best spirit). Models Karen Helletsgruber, Maryke de Beer and ex Miss Universe Michelle McLean.

BoMa terrace – the perfect cover for a perfect venue

BoMa terrace is a prime eating, cocktail and entertainment venue with its spectacular views of the Bay enticing guests to linger whilst savouring its unique alfresco menu or sipping a fashionable cocktail. And now for 2008 BoMa terrace has created a weather-proof designer roof canvas to shade guests yet still retain the alfresco ambience. With this new architectural addition, especially designed and manufactured by a local Plett company, BoMa terrace is the perfect venue to host weddings, balls, launches and special functions on the terrace. *For enquiries contact Linda at 044 533 4440 or linda@upper-deck.co.za*

Decking the halls ...

- **Noelle** did a fabulous job with the Christmas décor of The Upper Deck lifestyle centre. Andre Ferreira (UD Gallery) assisted Noelle as

they spent hours on the beaches collecting huge remnants of driftwood (from the recent floods) which were then spruced up as Christmas trees at The Upper Deck lifestyle centre

- **Christl and Ernst Stöckl** searched the Baviaanskloof for a sisal tree which became another one of Noelle's eye catching Christmas tree décor attractions at The Upper Deck lifestyle centre
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Snippets:

- England rugby player **Matthew Stevens** spent Christmas eve with his family at fu.shi - *"Matthew, it's great to have you back on your home turf!"*
- *"We really enjoy your restaurant!"* says **Derek Watts** who was a regular to be spotted on the BoMa terrace
- **Brumilda van Rensburg** spent many a day at fu.shi and also partied into the New Year at fu.shi in the company of her family, prima Russian ballerina Irina Roets as well as Miss Russia.
- **Richard Loring** and his family spent the holidays in Plett as Ara and Noelle's houseguests and he was very impressed when his daughter Samantha's i pod was kept safe for her at Crush Surf, where she had misplaced it. *'Well done Crush Surf staff, we thank you for your honesty!'*
- Ex Miss SA **Yolanda Kloppers** was spotted relaxing on the terrace with ex Miss SA Odette Scooby-Joubert
- **Nick Mallett** and family were also seen enjoying a meal at fu.shi

Several captains of industry also frequented fu.shi and enjoyed the offerings of The Upper Deck lifestyle centre.

We look forward to welcoming you to fu.shi fusion cuisine, BoMa terrace, Chef's bar and Upper Deck Gallery.

With warmest regards,

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Kindly e mail linda@upper-deck.co.za should you wish to unsubscribe to this newsletter